The mission of Northwestern Health Sciences University is to advance and promote natural approaches to health through education, research, clinical services and community involvement.
A Note from Your President

As you take your first steps as a new natural health care practitioner in the months and years ahead, your focus will naturally be on today, tomorrow, and next week. Building a practice, maybe moving to a new state, and raising a family will consume most of your waking moments as you pursue your dreams.

But one day, years or perhaps decades from today, you will leaf through these pages and rekindle the emotions and thoughts that characterized your years pursuing a degree or certificate as a natural health care practitioner at Northwestern Health Sciences University. It is then that the value of this yearbook will become truly apparent. A certain picture, maybe of you in a hands-on class or of a classmate in the cafeteria, will transport you back years or decades to the very hallway of Northwestern. The sounds, the sights, maybe even the smells will reach out over the years and touch you.

At that moment, the value of your education at Northwestern will crystallize. In those years since you graduated, you will have treated thousands - maybe tens of thousands - of men, women and children. For many of them, your care will have lifted them from years of pain and suffering. You will have validated your decision to become a natural health care practitioner.

I congratulate you on your hard work and dedication over the last three-plus years at Northwestern as you sought to realize your dreams. When I think back to 1963, the year I graduated as a doctor of chiropractic, I can recall how happy I was to be out of school and opening a new practice in Charlotte, Michigan. I lived for today and tomorrow. But now, nearly four decades later, I have time to reflect on my years pursuing a degree as a natural health care practitioner.

And what I realize is that my dreams have become reality, and I am blessed to be one a member of one of the most wonderful careers in life - healing people Naturally.

Good luck in the years ahead.

Alfred Traina, D.C.
President, Northwestern Health Sciences University
Dedication is the Key

The 2002-2003 yearbook is dedicated to Dr. Norman Horns. He has taught at Northwestern for many years. Recently, students of Northwestern started a scholarship in honor of Dr. Horns for his dedication to the students, Northwestern, and chiropractic. The following is a portion of a letter written by Beth Adams-Spencer, a T6 student, about this scholarship: "As a representative of the current T6 class in the College of Chiropractic, I am writing to invite you to join us in developing the new Dr. Norman Horns Faculty Legacy Scholarship. We are creating a new scholarship for all the future students of Northwestern while at the same time honoring all of the professors whom we have come to love and respect.

Dr. Horns is a man dedicated to health, education and his students. He takes the time to know each of us by name and his door is always open to us if we need help even if that means he has to give out his home telephone number. For those who don’t know Dr. Horns, he is a medical doctor who worked for many years as a pathologist before coming to Northwestern to teach. Perhaps this is the one of the most inspiring aspects about him. Dr. Horns loves his students and believes we each have the potential to become good doctors; every day he exemplifies how the allopathic world and chiropractic world can work hand-in-hand when individuals are open-minded. We all need to be reminded of this more often.

Earlier this trimester, as we were preparing for Part I Boards, our class wanted to come up with a meaningful way to say thank you to Dr. Horns for giving us a free, extracurricular review of pathology. He would not accept a monetary donation or a gift, so instead we decided to create a scholarship fund in his honor.

Dr. Horns has been a wonderful asset to Northwestern. All who have met Dr. Horns will agree that not only is he an excellent teacher and mentor, but he is also a very kind and loving man. He brings together allopathic medicine with chiropractic, while demonstrating what every great doctor should always possess: compassion and the desire to help people, with whichever means that may entail.

On behalf of Northwestern, the students, and chiropractic, thank you for your commitment and compassion.

Right: Dr. Horns says thank you to the students for the honor. Many listeners teared up when he spoke.
NWHSU Faculty

Basic Science

Jane Richardson
Dr. Kim Swineheart
Dr. Mary Tuchscherer
Dr. Daniel Wallace
Dr. Jane Wittich

Dr. James Amundson
Dr. David Arnold
Dr. Julia Bartlett
Dr. Thomas Bergmann
Dr. Linda Bowers

Dr. Renee DeVries
Dianne Dormady
Dr. William Elkington
Dr. Michael Epshteyn
Dr. Terry Erickson
Dr. Brad Finer

Dr. Norman Horns
Gary Johnsen
Dr. Andrew Klein
Dr. Link Larson
Dr. Anita Manne
Dr. Timothy Mick

Not Pictured:
Chris Brower
Jason Thoen

Clinical Science

Dr. Tolu Oyelowo-Lee
Dr. LaVerne Paulin
Dr. Joel Pins
Dr. Jeff Rich
Dr. Rob Scott
Dr. Joseph Sweere

Dr. Stacy Thornhill
Brian Turner
Dr. Jonathon Williams
Dr. Kurt Wood
Dr. Zachary Zachman

Not Pictured:
Mas Nguyen
Rebecca Peterson
Dr. Michael Przeslawski
Kathleen Sroga
Dr. Orville Weiszhaar
Dr. John B. Wolfe Jr.
NWHSU Staff

Institute of Health & Wellness

Library

Security Swingshift

Research

Student Affairs

Master's Program

Woodwinds Natural Care Center

Lab

President's Office

Physical Plant

Rehab Services

Uptown Natural Care Center

Deborah Miller
Carol Schmidt
Nancy Johnson
LaVern Hudella, Della Shupe, Anne Mackereth, Ann Kempke
Jeff Thompson, Marlene Nassen, Kevin Wolpern, John Stant, Neil Dylla, Jeff Walter, Gene Bangasser - Director
Darlene Riehm, Pho Ngugen, Roger Rasmussen, Michael Daddario, Dergee Gyalpo, Ed Fiesher
John Olson
Dr. Richard Hills
Not Pictured: Kari Hegg
Jenny Rosha, Susan Ricketts, Cheri Meyer, Pat Holmes, Kathy Stoga, Dr. Craig Schulz, Dr. Gert Bronfort, Dr. Roni Evans, Dr. Blong Vang, Meng Fo, Dr. Steve Fridinger
Stacie Lundquist, Dr. Karen Norris, Sarah Magnuson
Jackie Plum, Mark Schader, Emily Tweed, Heidi Heitzman
Andy Hoppin, Paul Simmons, Jan Featherstone, Marcia Grimmius, Jeanie Peck, Marla Warner, Aimee Hood
Dr. Okokon Udo - Chair
Lora Lee Underdal, Dr. Dan Conway, Dr. Paula Allenberg, Dana Malzer, Louise Hess
Not Pictured: Sarah Weaver
Dr. David Smith, Dr. Krista Boline, Sarah Donahue

NWHSU Staff
Staff/Candids

Highlands Natural Care Center

Sarah Wallraff, Kevin Kalb, DC, Nancy Thatcher
MISSION STATEMENT

The College of Chiropractic program provides a professional education comprised of the knowledge, skills and attributes necessary for one to practice chiropractic effectively, ethically and safely as a portal-of-entry, primary care chiropractic physician.

EXPLANATION OF PROGRAM: The Doctor of Chiropractic program is a professional level, 10 trimester education that leads to the degree Doctor of Chiropractic (DC). Students entering the DC program must possess a minimum of 90 semester credits (three years) of undergraduate course work. Of this requirement, 60 credits are distributed in prerequisite course work in the sciences, humanities, and liberal arts.

HISTORY OF THE PROGRAM: Northwestern College of Chiropractic was founded June 2, 1941 by Dr. John B. Wolfe, D.C. The current enrollment of 600 students has outgrown three campuses, finally settling on our current campus in Bloomington. In 1984, Dr. Wolfe retired as president and Dr. Don Cassata was appointed as the second president and served until 1991. Northwestern’s third president, Dr. John Allenburg, led Northwestern’s transition from College to University and served as president until his retirement in 2001. Northwestern’s fourth and current president, Dr. Alfred Traina is returning to Northwestern after holding the senior administrative position at LACC.

Northwestern College of Chiropractic has continually been on the forefront of chiropractic education. Northwestern was key in the development of the Council on Chiropractic Education (CCE). It pioneered the 6 year chiropractic academic program which became a requirement of all chiropractic programs by the CCE several years later. More recently Northwestern initiated the Community Based Internship Program (CBI) which has since been replicated by the majority of chiropractic colleges. Currently Northwestern continues to be a leader in quality, diverse clinical education with its integrative care clinic, Woodwinds Natural Care Center, located in a major metropolitan hospital.

DEAN OF THE PROGRAM: Dr. Robert Scott has been the Dean of the College of Chiropractic since September 2002. A graduate of Northwestern in 1992, Dr. Scott brings a diverse educational and clinical background to the position. Dr. Scott has a Bachelor of Science in Human Kinetics, a Master of Science in Exercise Physiology and a M.Ed. in Educational Administration. Currently, Dr. Scott is completing his Ph.D. at the University of Minnesota investigating the effects of chiropractic adjustments on vascular reactivity. Dr. Scott and his wife, Dr. Krista Boline, have owned five chiropractic clinics, including multidisciplinary clinics, and have practiced in both Canada and Minnesota. Prior to taking on the position of Dean, Dr. Scott has served as the Associate Chief of Staff of Clinics at Northwestern.
Chiropractic Summer T1 Class

Blomberg, Angela
Butcher, Natalya
Cecil, Allison
Couillard, Cory
Doubleday, Beau
Eilefson, Joseph

Flora, Julie
Galloway, David
Gonzalez, Filiberto
Grosskopf, Bess
Hardwick, Mark
Heiden, David

Jugler, Joni
Kmiec, Michelle
Major, Christopher
McDonnell, Gregory
Orlick, Sondra
Oswald, Scott

Richey, Kaili
Ruther, Sarah
Schnitzler, Ellie
Sundberg, Jacob
Swacina, Leigh
Swain, Judith

Watkins, Zachary
Wolff, Patricia

LIVIN' IT UP

12 Chiropractic Summer T1
Chiropractic Winter T1 Class

Alexander, James
Amundgaard, Matthew
Awes, Kyla
Babl, Christopher
Bartosch, Sarah
Becker, Nicole

Blahnik, Emmett
Boone, Stacy
Bowers III, Kenneth
Brandt, Eric
Brown, Andrew
Burmeister, Tracy

Cook, Michael
Cross, Matthew
Dixon, Jason
Dunn, Michelle
Elfrink, Robert
Elfrink, Erik

Engesether, Jennifer
Franchie, Jason
Gaidis, Stephanie
Giterman, Aleksandr
Godbersen, Scott
Groebel, Patrick

Hawes, BriAnna
Henderson, Kirk
Hendricks, Michael
Henn, Jennifer
Hering, Eric
Hernandez, Jorge

Hubbard, Christopher
Ische, Benjamin
Jacobs, Mitchell
Johnson, Brock
Katuin, Leigha
Killion, Kimberly

Livoti, Mercedes
Lundgren, Andrew
Lynch, Anwar
McComb, Jeffrey
Mitchell, Scott
Mohr, Ryan
Chiropractic Winter T1 Class

Neubauer, Nathan
Paulson, Jolene
Pelzer, Nicole
Pichotta, James
Pohlman, Crystal
Primus, Sean

Prunty, Shane
Ramirez Swarthout, Cristina
Rheingans, Megan
Ruckman, Cara
Sacia, John
Shumann, Faith

Scott, Travis
Seyward, Marcus
Shawn, Jody
Siple, Justin
Skaufel, Jodell
Sramek, Chantel

Vickery, Sara
Wall, Lise
Wangerin, Tony
Westrick, Zachary

Chiropractic Winter T1
Chiropractic Fall T1 Class

Alberts, Joseph
Amble, Elizabeth
Amstutz, Rebecca
Anderson, Mitchell
Andrews, Shawn
Badley, Brooke

Barnick, Brock
Bazan-Peche, Delton
Benjamin, Brian
Bennet, Barbara
Berkey, Benjamin
Bezak, Brian

Bloecher, Colleen
Boren, Jenna
Bouley, Jacqueline
Brendel, Jack
Brophy, Brady
Cardwell, Adina

Christianson, Bryce
Cotton, Joseph
Dabruzzi, Danielle
Davis, Laura
Diercks, Amanda
Dokter, Joshua

Drake, Kevin
Ferraz-Souza, Mateus
Fetzer, Christy
Fogel, Christine
Fox, Alex
Freidson, David

Frisk, Evan
Gallagher, John
Goujaguine, Artour
Gregory, Adam
Hamel, Erika
Hanson, Brianne

Harbitz, Joshua
Hedlund, Bryan
Hoverson, Allen
Howson, Amber
Ingrouille, Michelle
Isaacson, Davin

Chiropractic Fall T1
Chiropractic Fall T1 Class

Jacobs, Cory
Janis, Alexander
Johnson, Jason
Johnson, Mikael
Johnson, Ryan
Jones, Karyn

Kalbus, Kara
Kaminski, Drew
Keizer, David
Klein, Andrew
Kline, Jenny
Kveene, Jennifer

Lane, Stephanie
Lecy, Douglas
Liazuk, Eric
Lindauer, James
Lopez, Franklin
Lund, Eric

Matejicka, Melissa
Mathison, Shane
McCoss, David
McKinley, Channing
Miller, Ryan
Nelson, Jesse

Nelson, Justin
Neufeld, Benjamin
O'Donnell, Juliet
Olsendorf, Jerod
Ottinger, Jared
Pavlik Jr., Daniel

Papadopoulos, Arthan
Peterson, Linnea
Pickney, Derrik
Pochucha, Nathaniel
Rapp, Nicholas
Robbins, Aaron

Saj, Nathan
Sanio, William
Satter, Kenzie
Schaff, Bradley
Schatz, Bethanie
Schindlbeck, James
Chiropractic Fall T1 Class

Schmidt, Nicholas
Schwartz, Michael
Schier, John
Skadsem, Sara
Smith, Sharon
Snippen, Jodi
Sternke, Bradley
Struebing, Kent
Stull, Dennis
Sundberg, Adam
Tasky, Brian
Thielke, Justin
Thiesse, Tiffany
Uffer, Martina
Uthke, Karen
Vollmers, Alicia
Warner, Timothy
Wight, Gary
Wisniewski, Nicholas
Woodle, Bradley
Ylitalo, Christina
Zeiszler, Eric

Not Pictured:
Minor, Trevor
Morris, Michael
Mosely, Michael

Chiropractic Fall T1
Chiropractic Fall T2 Class

Arora, Puneet
Benne, Ryan
Buenz, Barbara
Cazer, Brandon
Clausen, Jennifer
Cloutier, Chad
Derhak, Russell
Gangl, Nicole
Hanks, Brian
Hoisington, Jason
Minnaert, LeeAnn
Mussleman, Michael

Schindlbeck, Matthew
Swenson, Kenneth
Villarello-Aguirre, Eduardo
Walz, Tammy
Wan, William
Ward, John

Not Pictured:
Christensen, Samara
Miller, Jerrald
Moore, Taylor
Nwufor, Ifeoma
Chiropractic Fall T3 Class

Murphy, Katie Mae
Nesseth, David
Osmonson, Jodie
Pearson, Jeffrey
Peterson, Jacob
Phan, Dieu
Philistin, Osly
Pinioniemi, James
Ritter, Tara
Rock, Garret
Rusnak, Mark
Schierholz, Andrew
Schlueter, Daniel
Serk, Corby
Shier, Benjamin
Smith, Sarah
Sukup, Tamara
Tessier, Ashley
Tobin, Jessica
Tran, Kayla Thanh-Nga
Veller, Boris
Wentworth, Puja
Williams, Melissa
Wookey, Jacob

Not Pictured:
Berg, Sara
Davis, Christopher
Gunlogson, Samuel
Chiropractic Fall T4 Class

Allen, Clarke
Altringer, Sadie
Anderberg, Joshua
Ballew, Crystal
Barnett, Kenneth
Behn, Dustin
Berger, Cody
Bjugstad, Heather
Bucheger, Sara
Buchholz, Sara
Buetner, Daniel
Burnett, Melissa
Chartier, Sean
Coccimiglio, Ross
Corcoran, Nicholle
Cowan, Ronda
Dagel, Lance
DeKiep, Kurt
Deglmann, Paul
Diederich, Travis
Ebner, Rose
Ervin, Kyle
Frykman, Christopher
Gitzen, Joseph
Graves, Kari
Haas, David
Hague, Joshua
Hahn, Scott
Hearst, David
Hilo, John
Howson, Christopher
Jefferson, Nathan
Jelinek, Jonathan
Johnson, Randy
Kabas, Rose-Marie
Kelley, Michelle
Kieser, Kayla
Kindschi, Jason
King, Ryan
Kuecher, Andrew
Kuhn, Jennifer
Kunz, Jonathan

Chiropractic Fall T4
Chiropractic Fall T4 Class

Larsen, Brant
Lundbohm, Nicholas
Lundgren, Erick
Mahoney, Mark
McCray, Amber
Micko, Alcesha

Niemeier, Chad
Pagel, Lewis
Pank, Sara
Ping, Garrett
Pleggenkuhle, Katherine
Rall, Ben

Rethwisch, Jeremiah
Revello, John
Rinne, Scott
Robertson, Carson
Rocafort, Sergio
Romant, Jay

Sailer, Jeffrey
Schaffer, Nyhus
Schank, Jamie
Sefcik, Charles
Shinabarger, Terry
Skoviak, Patricia

Smith, Brian
Smith, Joseph
Sousa, Donna
Spicer, Tom
Staebler, Laura
Stoughton, Alan

Sullivan, Daniel
Szczepanik, Lucas
Thompson, Susan Raye
Underdahl, Leah
Vang, Va
Volz, Holly

Wells, Misty
Wulf, Lance
Zobac, Courtnee
Chiropractic Fall T5 Class

Addison, Kirsten
Bear, Rebecca
Campbell, Ursula
Gappert, Heather
Huetter, David
Levernier, Brian
McGown, Elizabeth
Onsomu, Alex
Parks, Tony
Sasse, Angela
Schiavi, Rosemary
Schochenmaier, Michelle
Schreiner, Amy
Sinko, Ronald
Vein, Marc

Not Pictured:
Burhels, Jeremy
Carlson, Nikole
Chiropractic Fall T6 Class

Adams-Spencer, Beth
Bender, Paul
Beshick, Jennifer
Butler, Sarah
Calise, Alicia
Carpenter, Michelle

Cembrowski, Michael
Christoferson, Melissa
Daccardo, John
Denkinger, Angela
Dohnman, Robb
Dunham, Adam

Fleischer, Jason
Flohr, Joshua
Folken, Katie
Gainor, Leah
Galvin, Gerald
Gehien, Shawn

Grinde, Arin
Hoefner, Cody
Hughes, Julie
Jensen, Judy
Jensen, Rebecca
Johnson, Justin

Jungwirth, Cynthia
Kelm, Timothy
Kirsch, Andrea
LaMaack, Rebecca
Lee, Mai True
Lehmkuhler, Dean

Leonhardt, Deborah
Lofron, Wade
Mangam, Jennifer
Mannie, Brandon
Masek, Cody
Mayeda, Ryan

Morgan, Melinda
Morland, Aaron
Niez, Jean
Olson, Daniel
Olson, Dennis
Osborne, Daniel

24 Chiropractic Fall T6
Chiropractic Fall T6 Class

Pepelnjak III, John
Pietrek, James
Pritchard, Heather
Puetz, Melanie
Saterdalen, Alyssa
Scharer, Justin
Schommer, Karrie
Schulz, Mark
Smetana, Kerri
Soltis, Jeffrey
Stukel, Benjamin
Taylor, Barry
Thompson, Emily
Thorgard, Erik
Van Voorst, Amanda
Vieira, Tracy
Wanna, Tawnda
Wanna, Nicholas

Weissenbacher, Anna
Widmer, Jennifer
Wyman, Shannon
Zimmerman, Kristi
Zimney, Lance
Chiropractic Fall T7 Class

Andersen, Jesse  
Arvig, Aaron  
Bassuener, Alan  
Bawek, Michael  
Beeler, Jeffrey  
Bessner, Christian

Bonin, Christopher  
Borne, Brad  
Borth, Jill  
Carpenter, Scott  
Cassena, Paul  
Castrovinci, Adrienne

Dorn, Clint  
Dorn, Roby  
Dorval, Todd  
Dorval, Beau  
Dwyer, Christopher  
Eichman, Jennifer

Eichman, Jude  
Falcon, Christopher  
Fuchtl, Kristina  
Hagel, Kyle  
Hake, William  
Hallum, Ryan

Hasen, Rashid  
Herber, Matthew  
Himanga, Shirley  
Janson, Rita  
Jorgensen, Michael  
Judkins, Andrew

Knobloch, Sara  
Kovaas Jr., Thomas  
Lane, Christopher  
Lange, Neal  
Leintz, Tyler  
Leis, Kim

McDaniel, Ross  
Mockros, Lacie  
Nettestad, Cindy  
Olesten, Carrie  
Opferkev, Rodney  
Palokangan, Lorie
Chiropractic Fall T7 Class

Pettis, Jay
Pieda, Christopher
Pierce, Andrew
Ploesel, Jesse
Reynolds, Mitch
Rude, Aaron

Sagedahl, Adam
Schaaf, Andrea
Schumacher, Jennifer
Schembrin, Jeremy
Scheurenbrand, Wade
Schmitz, Brian

Schoeb, Ryan
Schoep, Debra
Schumacher, Meagan
Shambood, Tina
Skow, Valerie
Solang, Kurt

Steinhafel, Bobbi
Stifter, Meganne
Swedin, Brian
Thorvaldson, Darrin
Trelor II, John
Wagner, Timothy

Yost, Brandon
Zeni, John

Dancin’ to the Music ❇️
August 2003 Graduates

Andrew Altman
William Carter
Sara Donahue
Dirk Dulmes
Rory Faherty
Joel Fenske
Wade Folske
Tracie Fowler
Jude Gbeddie
Gary Hahn, Jr.
Kelly Kuaka
Steven Larson
Brian Malzer
Mitchell Maristuen
Robert McCoy
Kathleen Penfold
Mayra Perez
Steven Potter
John Prokosch
John Shanley
Travis Steevers
Scott Vanina
Carlos Villarelo-Aguirre
Michele Vincent

30 August '03 Graduates
August 2003 Graduates

Natl. Pictured:
Laura Cheal
Victoria Clarke
Gretchen Hes-Turzanski

Douglas Yor
April 2003 Graduates

Scott Allan  
Jonathan Beck  
Harold Brown  
Christopher Bryan  
Kari Christoffersen

Galen Collins  
Felicia Conner  
Robert DeYoung  
Morgan Dorsett  
Karmen Feist

Jason Fenske  
Nicole Grandman  
Amy Gunderson  
Morgan Higginbotham  
Erica Johnson

Darci Jurgens  
Joshua Kary  
Tim Lee  
Andrew Linn  
Jason Lloyd

Melissa Loidolt  
Jason Lupkes  
Michael Maristuen  
Kevin Michaelis  
Andrew Mooney

32 April '03 Graduates
April 2003 Graduates

Kami Raguse
Clint Moses
Mireille Schlaeppi
Jonathan Schnelle

Sherri Mosley
Phillip Rand

Brian Opp
Jadon Redington
Jason Rosenbush

Cynthia Opp
Wendy Samuelson

Erin Rabel

Minelle Schlaeppi
Jonathan Schnelle
April 2003 Graduates

Benjamin Smetana  Joshua Stephens  Heather Van Wyhe  Matthew Weaklend  David Wick

Gabriel Wiener  Kevin Wilhelm  Bradley Winter  Bethany Wintner  David Wold

Matthew Wunderlich  Nathaniel Zachor

Not pictured:
Shane Colberg
David Cord
Ginger Durivon
Kent Ferguson
Stephen Flikke
Matthew Gallagher
Michael Hallingstad
Brian Harrison
Darryl Humenny
Steve Hyjek
Michael Johnson, Jr.
Timothy Kinsella
Sean Kolodji
Jeffrey Mitchell
Eric Noheux
Danielle Riese
Sara Rowe
Jennifer Williams

33 April '03 Graduates
November 2002 Graduates

Nora Aanensen
Bobbi Jo Aden
Ida Allen
Ryan Altenburg
Jill Althoff
Craig Anderson
Danny Armstrong
Chad Beiler
Shane Bradley
Bobbi Jo Aden
Kyle Anderson
Craig Angell
Jamy Antoine
Shawn Arbor
Danny Armstrong
Jason Avelar
Andrea Ayres
Thomas Ayres
Jason Baker
Chad Beiler
Jarod Bergman
Cale Berry
Michelle Beyer
Shaun Bezak
Shane Bradley
Tiffany Bruhn
Alex Chernyavsky
Matthew Christiansen
Eric Clausen
November 2002 Graduates

Chad Kahl  Kari Kantack  Alan Kenthley  Christopher Kelsch  Daniel Kiefat

Sara Klein  Richard Knight  Melissa Kowell  Kelly Krol  Thomas Knager

Susan Kutter  Jeremy Lachinski  Robert Lindsey  Sara Malchow  Michael Mancini

Heath Marsh  Janel Matz  Eric Mayfield  Nicholas Mellum  Scott Mullenmeister

William Nelson  Angela Ness  Huy Nguyen  Sarah Nundahl  Casey Paulsen

November '02 Grads
November 2002 Graduates

Jennifer Pedley
Christopher Pierson
John Pietila
Assiat Pjadtoeva
Hector Renero-Valencia
Travis Roedocker
Michael Sabaz
Keith Schaller
Laura Schwartz
Jennifer Seidl
Sean Shapiro
Cynthia Shepard
Alexander Sheppard
Jeffrey Shetler
Benjamin Simonson
Casey Smith
Carol Stoutland
Sarah Strain
November 2002 Graduates

Not pictured:
Fani Alexandrakis
Laura Ashford
Dana Benassi
James Buesgens
Christopher Clifford
Jon Davis
Cythnia Delacy
Justin Elder
Heidi Gilbert
Angela Hall
Ross Hanson
Jacob Hollup
Julie Hovel
Laura Pirkl
Shawn Preisler
Bethany Sleight
Marsha Smirnov
Jacob Thone

Congratulations, Graduates!
August 2002 Graduates
August 2002 Graduates

Pierre Morice
Lee Moua
Kevin Petersen
Carrie Richter
Scott Schuler
Michael Sontheimer
Anne Stephanson
Michael Sulack
Daniel Tarnowski
Troy Tvedt
Mitchell Uecker
Blong Vang
Neil Zimmer

Not Pictured:
Fani Alexandrakis
Stefan Herold
Aaron Jacobson
Bryan Okland
William Severson
April 2002 Graduates

Melanie Lavernier
Gerald Lopez
Sarah Macchi
Nancy Marihart
James McCowan

Scott Moore
Todd Mortensen
Donell Nissen
Frank O'Neill
Jennifer Person

Sarah Peters
John Penerson
Steve Poer
Rodney Puamala
Dustin Riddle

Jason Rudelich
Joshua Rutzick
Jason Sabo
Scott Salita
Channara So

Heather Thom
Michael Weide
Tonnie Wulff
David Yaeger

Not Pictured:
Andrew Alf
Christopher Cox
Nicole Graae
Karma Hein
Julie Perreault
Chelsey Russell
Jessica Smith
Jay Uecker
Jamie Whitemore
MISSION STATEMENT

The mission of the School of Massage Therapy is to provide quality education and clinical development in the field of massage therapy.

EXPLANATION OF PROGRAM: The program is 780 hours in length and takes 1 year (3 trimesters) to complete. Applicants must be at least 18 years of age at the time of admission, have earned a high school diploma, its foreign equivalent, or a GED, and have demonstrated sufficient maturity to undertake a health care profession, including the capacity to ethically and responsibly manage professional boundaries. The program is very clinically focused. There is a strong emphasis on anatomy, particularly muscle locations and attachments. Students are guided through a traditional relaxation massage in their first trimester and onto a more clinical focused, trigger point therapy massage in their 2nd and 3rd trimesters. There is also a strong focus on the business of massage as it relates to communication, ethics, professionalism, boundaries, marketing and practice building.

HISTORY OF THE PROGRAM: The school opened its doors to its first class in the fall of 2000. It began as an evening program. The school has since graduated five classes in four commencement exercises (the last evening class had a combined graduation ceremony with one of the day groups). Two classes have been evening classes and three have been day classes. There were many involved in creating the massage therapy program, including members of the current faculty.

DEAN OF THE PROGRAM: Dr. Dale Healey graduated from Parker College of Chiropractic in 1996 with a bachelor's degree in anatomy and a Doctor of Chiropractic degree. He joined NWHSU as the Dean of the School of Massage Therapy in September of 2002. He spent the five years previous to joining NW at Myotherapy College of Utah, a massage therapy school in Salt Lake City, Utah, where he was the Education Director and an instructor. Dr. Healey enjoys being involved in education and finds dealing with students exciting and energizing.
Massage Summer T1 Class

Coccoluto, Angela
Flees, Barbara
Floberg, Tamra
Grossman, Rita Ann
Hales, Kristina
Janovsky, Karla

Johnson, Jolene
Kugler, Trista
Meyer, Clare
Ohman, Amy
Poulsen, Richard
Robinson, Molly

Sahlin, Alexa
Siem, Jeanie
Wacker, Amanda
Zerwas, Justine

Massage Summer T1
Massage Winter T1 Class

Bennet, Bambi
Bloom, William
Brekken, Roanne
Decker, Nathan
Gerrard, Joan
Grosskreuz, Stefanie

Knippel, Lyra
Land, Katherine
Opsal, Ryan
Pinsonnauld, Tara
Putney, Dayle
Richter, Stephanie

San Juan, Lyonel
Shurman, Rita
Swanson, Lindsy
Tacheny, Angela
Underdal, Loralee
Wenaas, Crystal

Not Pictured:
Anderson, Jennifer
Berner, Sarah
Jensen, Trinity

CHEERS!
August 2003 Graduates

Tracy Aslakson  Lindsay Becker  Erica Blockus  Maria Carlin  Elizabeth Crone

Billie Jo Davis  Emily Engelhardt  Robert Grady  Lindsey Kempter  Erika McClintock

Ashley Melton  Chandler Morphew-Tarbuck  Tammy Odell  Heather Pastornik  Nicole Recke

Alishia Roff  Taya Steenberg

Not pictured:
Jodi Bahmer  Maria Isaacson  Amy Prom

Peter Trims  Anne Welch
April 2003 Graduates

Shannon Anderson  Jennifer Hougan  Desiree Le Tourneau  Jennifer Madagan  Kelly Martin

Erin Mau  Rebecca Melzer  Molly Mikacevich  Michael Mohwinkel  Kathleen Roche

Christine Shaffer  Deanna Sharp  Morgan Stende  Sarah Wolf

52 April '03 Graduates
December 2002 Graduates

Carol Adams
Shauna Adler
Deanna Benson
Jessica Bros
Lori Burgstaler

Daniel Fiebig
Pam Goodchild
Vicky Haechrel
Monica Hanson
Johnny Holding

Christine Kessler
Kari Larson
Susan Larson
Jessica Nemmers
Lacey Olsen

Chantel Olsen
Lenise Rankin
David Sakry
Keri Simonson
Julie Stuart

Alicia Vechik
Kelly Walsrom

Not pictured:
Victoria Graff
Emma Nicholson
Lori Stockard

CONGRATULATIONS GRADS

December '02 Graduates
MISSION STATEMENT

The purpose of the Minnesota College of Acupuncture and Oriental Medicine (MCAOM) at Northwestern Health Sciences University (NWHSU) is to offer professional, accredited Master degree programs in Acupuncture and Oriental Medicine, graduating practitioners who are committed to competent and compassionate patient care. In so doing, we support and promote the growth of Acupuncture and Oriental Medicine and their integration into the healthcare system of the U.S.

EXPLANATION OF PROGRAM: MCAOM has 104 students with 87% enrolled in the oriental medicine program. MCAOM offers two first professional masters degrees: one in Acupuncture and one in Oriental Medicine with two cohorts per year. The Oriental Medicine program includes additional studies in Chinese herbal medicine. The Acupuncture Only program consists of 2277 hours taken over two and two thirds years (8 trimesters). The Oriental Medicine program consists of 2817 hours taken over three years (9 trimesters). The program includes 480 hours in western biomedical courses, 625 (Acupuncture Only) and 780 (Oriental medicine) hours of hands on clinical observation and internship. Students have the opportunity to observe and intern in several locations throughout the Twin Cities. Teaching clinics are located on campus in Bloomington and in St. Paul at our Highland Natural Care Clinic.

HISTORY OF THE PROGRAM: MCAOM, initially called the Minnesota Institute of Acupuncture and Herbal Studies (MIAHS), was founded in 1990 by Edith Davis, a practicing acupuncturist in the Twin Cities. MIAHS succeeded in graduating its first class and obtaining candidacy status for accreditation in 1994. The programs continued to develop, but Edith and the governing board realized that the school had to grow if it was going to achieve and exceed national educational standards for acupuncture schools. Concurrently, NWHSU was looking to expand its professional program offerings, so negotiations began between the two entities. In 1999, MIAHS received accreditation and moved to the NWHSU campus. In early 2001, MIAHS officially merged with NWHSU and became the Minnesota College of Acupuncture and Oriental Medicine.

DEAN OF THE PROGRAM: Mark S. McKenzie, L.Ac., Ms.O.M., Dipl. Ac., Dipl. CH, NCTMB, has been Dean of MCAOM since September, 2003. Mark has provided a unique combination of business skills, direct management experience and licensure as an acupuncturist and Chinese herbologist to the MCAOM program. Mark has been an acupuncturist in the Twin Cities since 1999, graduating from the Minnesota Institute of Acupuncture and Herbal Studies (MIAHS) in 1999 and then obtaining a master’s degree in Oriental medicine from MCAOM in 2002. For two years prior to accepting his current position, Mark worked part-time as an acupuncture practitioner and clinic supervisor in the Edith Davis Teaching Clinic. Mark is also a massage therapist and has a Bachelor’s degree in biology and computer science.
MCAOM Fall T4 Class

Abboud, Lana
Babick-Scofield, Ruth
Eaton, Ruth
Lo, Bee
Mallory, Molly
Vang, Bobbee

Not Pictured:
Baldwin, Lori
Bovard, Wells
Campman, Steve
Cornish, Christina
Do, Alexander
Geppert, Michael
Gonzalez, Joseph
Hang, Kaonou
Kirk, Cynthia
Koput, Deanna
Kranz, Marcia

Lussenhop, Nancy
Magnuson, David
Nguyen, Bich-Ngoc
O'Brien, Colleen
Peterson, Donna
Pfeifer, Bruce
Phillips, Joanna
Porter, Gretchen
Sanford, Sarah
Schommer, Jane
Smith, Brandon
Sullivan, David
December 2002 Graduates

Deanne Aronson  Michelle LaCroix  Claudia Leaser

Not pictured:
Katrina Clifton

April 2003 Graduates

Janet Burger  Nina D’Amico  Sher Dermerter  Gretta Graceland

Amber Oothoudt  Lori Rogosheske  Lijiana Seefanovic  Jennifer Wenborg

Not pictured:
Jodie Cope

December '02 & April '03 Graduates
August 2003 Graduates

Shelley Conn
Eileen Connor
Marie Eff
Emily Everitt
Kimberly Fitz

Jenny Gamer
Francesca Garcia Giri
Evelyn Jaffee
Adair James
Patricia Knudson

Alyssa Peterson
Jesse Peterson
Jelena Stefanovic
Mari Jo Williams
Xuanhui Yang

Amy Zoer-Ghawanneh

60) August '03 Graduates
Student Senate

Club Officers:
President: Cody Hoefert
Vice President: Angie Denkinger (Chiropractic), Jen Wenborg (MCAOM), Kari Larson/Lindsey Kempfert (Massage)
Secretary: Terry Shinabarger
Treasurer: Shelly Schochenmaier
Parliamentarian: Heather Bjugstad

We have worked hard to change the outlook of the students, to make this a place people enjoy, where their voices are heard and change is implemented. We have worked to build bridges with the Students, Faculty, and Staff of all three programs. We also have tried to provide events that support our mission and that of the University.

MISSION STATEMENT
"Functioning as a liaison between the student body and the natural health community, we endeavor to continually improve the student experience."
Highlights of Goals Accomplished:

1. Became a University Student Senate!!
2. Pool Temperature lowered to 84 degrees.
3. Summer Jam was successful w/o complaint
4. Large clock was installed in the pool
5. Student Lounge: new ceiling fans, air conditioners, re-painted, re-carpeted, open weekends, security system installed, new blinds
6. Popcorn was served during mid-terms week
7. Comedy Night
8. Dr. Thornhill seminar
9. Blood Drives
10. Mash Notes delivered
11. Faculty/Staff Appreciation Day
12. Business Based seminar
13. ALS walk
14. Senate portion of Student Handbook re-written
15. More stools for methods labs
16. New treadmill for fitness center
17. New SACA office next to Senate office
18. Food Drives
20. Halloween Party
21. Bagels/Juice provided before National Boards
22. Board reviews organized
23. Ronald McDonald house pop tab drive
24. Toys for Tots
Provides an outreach program to future Northwestern students and ease the entrance into the University by providing exposure to the campus and to a student's "way of life." Promotes the chiropractic, acupuncture and massage profession and Northwestern Health Sciences University organized events.

Officers of the Club:
Co-Presidents: Rose Schiavi & Shannon Wyman
Studies the concepts, theories, and procedures of Applied Kinesiology and assesses their relevance to the practice of chiropractic.

Officers of the Club:
President: Brant Larson
The Gonstead Technique Club is dedicated to the teaching and practice of Dr. Clarence S. Gonstead's original work. The Gonstead System utilizes an intricate means of the detection of the vertebral subluxation and further's chiropractic's foundational principle through a specific approach to its correction. Above all, it allows the student practitioner to ascertain certainty in their technique.
Motion Palpation

Motion Palpation club has had an exciting year! Our biggest goal is to help students get their hands on as many people as possible in order to develop excellent palpation skills. This year we developed our low back, pelvis, and extremity palpating and adjusting skills, learned how not to be fooled by the great imitators of disc disease, and through MPI's sister organization "Movement Systems", we delved deeper into the functional biomechanics of the lumbopelvis and lower extremity. Special thanks to Drs. Mark King, Terry Elder, Joel Johnston, Eric Eiselt, and Jeff Rich. We greatly appreciate your help!

Officers are from left to right: Dan Osborne, Kristina Fruechtl, Andrew Pierce, and Chad Niemeier.
On Purpose

The On Purpose Club is here to inspire, support, and broaden the communication skills and chiropractic knowledge of the student body in relation to contemporary issues. It is to:
1) instill in students the history and philosophy of their profession;
2) discuss and bring to awareness major issues and current events affecting the chiropractic profession;
3) teach and learn practice management issues.

Club Officers:
President: Scott Hahn
Leah Underdahl, Dan Sullivan, Ben Rall, Heather Bjugstad and Andy Kuecher

Holistic Club

The Holistic Club prepares students for the chiropractic vision of the millennium in which chiropractors address the mind, body, and spirit aspects of their patients. Their purpose is to introduce students to non-destructive ways to handle stress and how to maintain and live healthy lifestyles.

Club Officers:
President: Leah Underdahl
Josh Anderberg and Courtnee Zobac
The purpose of SABCA is to promote chiropractic in the under-represented black community. This past year we have been active in the High Schools in Minneapolis on their career days. We have also teamed up with some black chiros in the field to get out in various communities to promote chiropractic. Any member of the group is on call to give a brief talk about chiropractic for various organization that have an interest or a timeslot to be filled at events. Also we have organized a round table discussion with other chiros entitled, "If I would have known then, what I know now." We are also very active in the ABCA, the national organization and other SABCA chapters across the nation.
The Student American Chiropractic Association is a professional organization representing future and present Doctors of Chiropractic. Its mission is to preserve, protect, improve and promote the chiropractic profession and the services of Doctors of Chiropractic for the benefit of the patients they serve. The purpose of the ACA and SACA is to provide leadership in health care and a positive vision for the chiropractic profession and its natural approach to health and wellness.

This Northwestern Chapter works to accomplish its mission by fundraising to attend the National Chiropractic Legislative Conference in Washington, D.C., the ACA annual House of Delegates meeting, and to donate financially to the ACA. Our donations go toward the Legal Action Fund, the Political Action Committee, and to Chiropractic research. To date, the Northwestern SACA Chapter has donated $18,000! This Chapter works to form a positive vision of the profession through its Community Outreach Programs, and Northwestern SACA is well known for its letter writing campaigns on the state and national levels to further our patient’s and profession’s rights.

Officers of the club are the following:
President: Rob McCoy    Vice-President: Andrea Schaaf
Secretary: Becky Jensen   Legislative Rep.: Dave Haas
Treasurer: Kayla Kieser

National Officers were the following:
National Leg. Chair: Valerie Skow
National Vice Chair: Ryan Mayeda
Sports Council’s primary objective is to advance in every way, the prevention, chiropractic management, and rehabilitation of athletic injuries by the chiropractic profession. Qualified members provide hands-on treatment at various athletic events and tournaments.

Officers of the club are the following:
President: Sara Donahue
Vice-President: Kim Leis and Heather Pritchard
Treasurer: Angie Denkinger
Secretary: Brad Sternke
Northwestern Women in Healthcare

Northwestern Women in Healthcare serves to provide awareness, opportunities, and support for students of NWHSU. This group expands their horizons through special exhibits, seminars, and guest speakers.
This year’s yearbook, or rather yearsbook, turned out to be an interesting journey to its publication. Constantly trying to make the next deadline proved challenging, yet rewarding at the same time. When we, the editors, took on this feat, we were not aware that it was going to cover 5 trimesters instead of the normal 3 and include all programs (Chiropractic, Acupuncture, Oriental Medicine, and Massage Therapy). Since both of us are chiropractic students, we initially had a crash course in the other programs and what they entail. This has given us the opportunity to make many connections and friendships within the makings of the whole university and we are very thankful for this.

This is the first University yearbook and we hope that all who see this will be able to look back upon their years here at Northwestern and remember how much our school was changing and growing at this time. We also hope that you may use this to remember old friends, teachers, and classmates and to utilize it as a tool to make connections with the other health care practitioners, whether it be a Chiropractor, Acupuncturist, Oriental Medicine Practitioner, or Massage Therapist, that came from Northwestern in the future.

**A special thank you to Arne with the Audio-Visual Department, Don Yerhot and Andrea Kodner-Wenzel with the Information Technology Department, our advisor Emily Tweed, John Healy with the Communications Department, Mai True Lee, Student Senate, and Andi Schaaf for their continued help and support! We couldn’t have done it without you! Thanks a million, Becky and Kayla**
Chiro Games 2002
Parker College, Dallas Texas
HALLOWEEN
Chiropractic Homecoming 2003

Scholarship winners and scholarship presenters are as follows:
L to R, top row: Robert McCoy, Ross Coccimiglio, Joshua Flohr, Cody Hoefert, John Zeni, and Dr. Allenberg
L to R, bottom row: Andrea Schaaf, Rebecca Jensen, Carrie Oletson, Dr. Traina, Bobbi Steinhafe, Debra Schoepf, and Dr. Arlan Leiberman
Not Pictured: Anna Weissenbacher and Kristina Fruecht
Great River Symposium 2003
Spring Fling 2002

84 Spring Fling 2002
Spring Fling 2003
Student Leadership Dinner 2002

Basic Science Teacher of the Year:
Dr. Mary Tuchscherer

Clinical Science Teacher of the Year:
Dr. Terry Erickson

MCA President’s Award:
Dr. Richard Hills
(Photo on the left)
The student awards were as follows:

**Student Leadership Hall of Fame Awards:**
Mark Schulz, Ryan Mayeda, Kari Larson, William Haugen

**President Award:** Cody Hoefert (in pictures marked with a *)

**Vice President Awards:** (picture on bottom-right of this page)
College of Acupuncture/Oriental Medicine: Jennifer Wenborg
College of Chiropractic: Angela Denkinger
School of Massage Therapy: Lindsey Kempfert and Kari Larson

**Secretary, Treasurer and Parliamentarian Awards:**
Secretary: Terry Shinabarger
Treasurer: Shelly Schochenmaier
Parliamentarian: Heather Bjugstad

**Awards were also given to committee chairman and members, as well as to the leaders of all the clubs and organizations at Northwestern.**
Summer Jam 2003
Summer Jam 2003
Student Appreciation Day 2003
Student Appreciation Day 2003
Dear Biofreeze,

I was asked by our local senior center to present a talk about the benefits of chiropractic care. After my presentation I told the audience that we recommend Biofreeze above all the other topicals including Aspercreme, BenGay, Mineral Ice, etc.

Two days prior to my talk you had sent me a box of Biofreeze samples/pamphlets with my name and telephone number. I left the entire box on the table and told the audience that they could try the Biofreeze if they were interested. By the time I left the center, the entire Biofreeze box was empty. The following day I had 6 new patients. When I asked them if it was my "outstanding presentation" that convinced them to try chiropractic, all six replied that if I was smart enough to recommend Biofreeze then they were willing to give me a try.

Thank you Biofreeze for a great product.

Sincerely,

Todd Mosenthal
Todd Mosenthal, DC

P.S. Could you please send me a new box of samples/brochures!!

Chiropractic  Physical & Muscular Therapy  Rehabilitation

BIOFREEZE® HELPS CHIROPRACTOR ATTRACT SIX NEW PATIENTS IN JUST ONE PRESENTATION.
The Northwestern College of Chiropractic Alumni Association is an important part of the life of the College. We are in a unique position to provide advice and counsel to strengthen Northwestern's mission of excellence in education, research and service. Through the association, alumni are encouraged to support Northwestern and join in building a greater College for its student body.

The Northwestern Alumni Association provides the College with:
- Funding of major building renovations, including the J. Lamoine De Rusha Clinical Education Center, the Greenawalt Library, and the auditorium.
- Support of the Career Services Center.
- Student Emergency Loan Program.
- Student scholarships.
- And of course, the annual Spaghetti Feed, hosted each December by the Alumni Association for students.

We plan to continue providing service to the College and its students and we hope you will join us upon graduation and become a member of the Alumni Association. No matter where your career in chiropractic takes you through the years, you will always be a part of the Northwestern family.

For more information, contact Debbie Peterson, director of Alumni and Career Services, at ext. 412. Or stop by Room 11 on the lower level.
Now, E·Z BIS Office is Even Better!

What was already the premier chiropractic office management software is now even more improved! Version 5.0 adds many new features to make your office more efficient and your job easier. The new Book View makes appointment scheduling a snap. With a quick glance, you can see how the entire day looks ... including the length and current status of each appointment. Special types of appointments such as new patient appointments or re-exams can be color-coded for easy identification.

You'll never use a paper appointment book again!

Another great new feature in E·Z BIS Office version 5.0 gives users the ability to view digital patient photos to help with patient identification. Plus, there are dozens of other new features to make E·Z BIS Office the best choice for chiropractic office management software. Call today to find out more about E·Z BIS Office 5.0!

Version 5.0 available now!
(800) 445-7816

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