Growing Season By Season
As you leaf through this yearbook, I am sure you will notice a common theme — Northwestern’s people. T5’s in a methods lab, T2’s in a basic Science lab, T5’s in clinic. Students talking and laughing, students playing and working. Faculty in class, staff in their offices. All of them involved in the threads in daily activity that produce, when woven together, a magnificent tapestry called Northwestern Health Science University.

One year ago, I was given the responsibility of leading this university as its fourth president. It was — and is — an awesome responsibility. But I have been comforted each and every day since by those same people who grace the pages of this Northwestern yearbook. They are the students, faculty, staff, alumni, and supporters of our university — the “threads” in our “tapestry” — and they fill me daily with a new commitment to this university. They provide our institution with a seemingly limitless supply of energy and passion for excellence and innovation. Whether it is a first trimester student of Northwestern, a T10 about to graduate or a doctor who has been in practice for twenty years, they are the reason that Northwestern has become an international leader in natural health care education, patient care, scientific research and community service.

The last 12 months have not been the easiest for Chiropractic higher education and Northwestern. But while many of our sister institutions have faced nearly impossible challenges, the people of Northwestern have quietly done the work necessary to keep our institution at the forefront of our profession. We have faced declining enrollments, budget deficits, building capacity issues, and a falling stock market. But through collective effort, we have faced each problem and implemented a thoughtful solution.

Those solutions have produced a stronger, more vibrant university. In the next several years, the work we have done in the last 12 months, will provide all of Northwestern’s people with a very bright future.

Alfred Traina, DC
President, Northwestern Health Sciences University
NWHSU
Faculty and Staff

Basic Science

Dr. Thomas Frick
Dr. Walter Johnson
Kathy Lind
Jane Richardson
Chris Rodemeyer

Dr. Kim Swineheart
Dr. Mary Tuchscherer
Dr. Daniel Wallace
Dr. Jane Wittich

Chiro Science

Dr. James Amundson
Dr. Julia Bartlett
Dr. Thomas Bergmann
Dr. Linda Bowers
Dr. Robert Bruley

Dr. Thomas Davis
Dr. Renee Devries
Dianne Dormady
Dr. William Elkington
Steve Erickson
Dr. Terry Erickson

Dr. Bradley Finer
Dr. Stephen Fridinger
Dr. Norman Horns
Gary Johnson
Dr. Andrew Klein
Dr. Link Larson
Dr. Anita Manne
Dr. Timothy Mick
Dr. Craig Nelson
Dr. Paul Osterbauer
Dr. Tolu Oyelowo-Lee
Rebecca Peterson

Dr. Joel Pins
Dr. Mike Przeslawski
Dr. Jeff Rich
Kathleen Sroga
Dr. Joseph Sweere
Dr. Stacey Thornhill

Brian Turner
Dr. Orville Eishaar
Dr. Jonathon Williams
Dr. Kurt Wood
Dr. Zachary Zachman

Student Health Services

Dr. Donald Eggebrecht
Karan Hillberg
Dr. Ann Ivey
Carolyn Perry
Dr. Noni Threinen
missing: Dr. Schoenheider

Student Affairs

Dr. Larry Kuusisto
Emily Tweed
NWCC Clinical Experience

NWHSU owns and operates 5 Health Care Facilities in locations throughout the Twin Cities. These clinics are open to the public and provide patient services by Doctors of Chiropractic, Acupuncturists, Massage Therapists, and upper level NWCC interns. Not only do the clinics provide quality affordable care for the community at large, but they also provide a diverse and challenging experience for the intern. The school run clinics are located in Bloomington, Burnsville, Minneapolis, St. Paul & Woodbury. The university also places T8 and T9 interns in more than 100 private chiropractic clinics throughout the metro area. Through mentoring, instruction and treating patients, NWHSU interns gain the necessary experience and clinical expertise to become caring competent Doctors of Chiropractic.
Student Senate

Mission Statement:

“Functioning as a liaison between the student body and the natural health community, we endeavor to continually improve the student experience.”
Student American Chiropractic Association
Sports Council
The NWCC Gonstead Club provides students an introduction to the second most utilized chiropractic technique in the world. The organization is quite active, attending four out of state seminars and sponsoring approximately three on campus seminars annually. The Gonstead technique is a system of meticulously analyzing the patient to thoroughly detect subluxations using visualization, static palpation, motion palpation, x-ray, temperature differential and symptomotology. This information is utilized to find the exact spinal locations with a loss of structural and neurological integrity and addressing only those specific places, making sure to avoid simple mechanical compensation. These specific locations are dealt with using the most precise and accurate adjustments in the fewest areas possible for the maximum patient benefit.

“Find the subluxation, accept it where you find it, correct it, and leave it alone”

-C.S. Gonstead-
Student Ambassador Club

Northwestern Women in Chiropractic
NWCC MOTION PALPATION CLUB

Student American Black Chiropractic Association
Canadian Club
Student Leadership Dinner

Teacher of the Year
Dr. Kurt Wood
Maverick Award Winners

Heather Thom & Tara Watson
Candid Campus II
Trimester One

Rebecca M. Heidelberger
Christine A. Hess
Christopher J. Howson
Nathan R. Jefferson
Jonathan E. Jelinek
Kandee F. Johnson
Randy R. Johnson
Michelle A. Kelley
Jason C. Kindschi
Ryan M. King
Barbara C. Knutson
Jennifer M. Kuhn
Jonathan Kunz
Lisa A. Lambrecht
Brant A. Larsen
Nicholas J. Lundbohm
Erick J. Lundgren
Mark A. Mahoney
Amber A. McCray
Aleesha C. Micko
Katie Mae Murphy
Chad M. Niemeier
Jodie M. Osmonson
Lewis J. Pagel
Sara A. Pank
Garrett H. Ping
Katherine E. Peggenkuhle
Ben D. Rall
Jeremiah J. Rethwisch
John W. Revello
Scott S. Rinne
Carson D. Robertson
Sergio A. Rocafort
Jay J. Romant
Mark W. J. Rusnak
Jeffrey J. Sailer
Trimester One

Nyhus A. Schaffer
Jamie J. Schank
Daniel T. Schlueter
Charles M. Sefcik
Benjamin D. Shier
Terry A. Shinabarger
Brian J. Smith
Joseph P. Smith
Laura K. Staebler
Alan J. Stoughton
Daniel J. Sullivan
Kenneth S. Swenson
Lucas J. Szczepanik
Susan Raye Thompson
Leah C. Underdahl
Boris Veller
Holly R. Voltz
Misty D. Wells
Puja A. Wentworth
Melissa K. Williams
Lance A. Wulf
Courtnee L. Zobac
Trimester Two

Kirsten D. Addison
Jeremy L. Barthels
Rebecca L. Bear
Christina M. Carl
Nikole M. Carlson
Nicholle D. Corcoran

Ronda R. Cowan
Lance T. Dagel
Kerry J. Fyhrlund
Heather L. Gappert
John J. Hilo
David R. Huetter

Tiffany R. Johnson
Rose-Marie A. Kabas
Kayla J. Kieser
Tara K. Mahoney
Elizabeth McGown
Spencer A. Merrell

Tony W. Parks
Allison J. Pratt
Justin M. Rodriguez
Angela D. Sasse
Rosemary Schiavi
Michelle M. Schochenmaier

Amy M. Schreiner
Ronald J. Sinko
Tom P. Spicer
Nicole J. Sutton
Va S. Vang
Josh D. Wagner
Candid Campus III
Trimester Three

Beth A. Adams-Spencer
Paul W. Bender
Sarah A. Bulfer
Alicia L. Calease
Ursula I. Campbell
Michelle K. Carpenter

Michael R. Cembroski
Melissa R. Christofferson
Angela D. Denkinger
Dori A. Didier
Robb Q. Dohman
Adam S. Dunham

Jason D. Fleisner
Joshua Flohr
Katie M. Fokken
Leah M. Gainor
Gerald J. Galvin
Shawn A. Gehlson

Arin R. Grinde
Cody L. Hoefert
Julie E. Hughes
Judy M. Jensen
Rebecca A. Jensen
Amy L. Kaske

Timothy K. Kelm
Andrea L. Kitsch
Melinda L. Lampron
Mai True Lee
Dean J. Lehmkuler
Deborah K. Leonhardt
Trimester Four

Jesse N. Andersen
Aaron R. Arvig
Alan J. Bassuener
Michael J. Bawek
Jeffrey R. Beeler
Christian Allen Bessmer

Jennifer L. Bestick
Christopher L. Bonin
Bradley A. Borne
Jill M. Borth
DeWayne E. Campbell III
Scott L. Carpenter

Paul R. Cassista
Adrienne N. Castrovinci
John L. Daccardi
Clint R. Dorn
Roby C. Dorn
Todd A. Dorval

Brian J. Dozark
Christopher H. Dwyer
Jennifer B. Eichman
Jude B. Eichman
Christopher W. Falcon
Kristina M. Fruechtl
Trimester Five

Andrew G. Altman
William D. Carter
Laura K. Cheal
Victoria M. Clarke
Sara H. Donahue
Dirk M. Dulmes
Rory Faherty
Joel A. Fenske
Tracie K. Fowler
Gary L. Hahn, Jr
Gretchen G. Hess
Kelly V. Kuka
Neal W. Lange
Steven W. Larson
Brian C. Mälzer
Mitchell D. Maristuen
Richard J. May
Robert G. McCoy
Kathleen K. Penfold
Mayra B. Perez
Steven W. Potter
John J. Prokosch
John Shanley
Travis J. Steever
Scott D. Vanina
Carlos Villarello-Aguirre
Michele M. Vincent
Douglas D. Yost
Trimester Six

Scott A. Allan
Jonathan E. Beck
Harold A. Brown
Christopher T. Bryan
Kari J. Christopherson
Shane M. Colberg
Galen R. Collins
Felicia M. Conner
David A. Cord
Kathy A. Czech
Cynthia L. Davis
Robert R. DeYoung
Morgan C. Dorsett
Karmen C. Feist
Jason M. Fenske
Kent F. Ferguson
Stephen G. Flikke
Wade K. Folske
Matthew J. Gallagher
Jude K. Gbeddie
Nicole M. Grundman
Amy L. Gunderson
Michael J. Hallingstad
Brian M. Harrison
Morgan J. Higginbotham
Darryl M. Humenny
Trimester Six

Steve A. Hyjek
Erica L. Johnson
Michael L. Johnson, Jr.
Darci J. Jurgens
Joshua A. Kary
Timothy R. Kinsella
Sean M. Kolodji
Timmy J. Lee
Andrew J. Linn
Melissa M. Loidolt
Jason A. Lupkes
Michael L. Maristuen
Kevin R. Michaelis
Jeffrey A. Mitchell
Andrew P. Mooney
Clint P. Moses
Sherri L. Mosley
Eric R. Nohner
Brian J. OPP
Kami V. Raguse
Phillip C. Rand
Jadon L. Redington
Danielle T. Riese
Erin R. Roberts
Jason James Rosenbush
Sara J. Rowe
Wendy E. Samuelson
Mireille C. Schlaeppi

Frank! What on Earth is That??
The Chiropractor said it’s bad to sleep on your stomach, so he told me to tape a tennis ball to my chest.

And that’s supposed to keep you off your stomach? We’ll see.

Well? Did your tennis ball trick work? Seemed to except I kept dreaming I was Dolly Parton.
Trimester Six

Jonathan D. Schnelle
Benjamin W. Smetana
Joshua C. Stephens
Heather A. Van Wyhe
Matthew L. Weaklend
David L. Wick

Gabriel L. Wiener
Kevin J. Wilhelmi
Christopher C. Wilkening
Bradley R. Winter
Bethany A. Winther
David C. Wold

Matthew J. Wunderlich
Danny S. Yang
Nathan A. Zachor
Trimester Seven

Nora R. Aanensen
Bobbi Jo M. Aden
Ida C. Allen
Ryan J. Altenburg

Jill R. Althoff
Craig W. Anderson
Kyle D. Anderson
Craig W. Angell
Jamy C. Antoine
Shawn M. Arbor

Danny M. Armstrong
Laura L. Ashford
Jason E. Avelar
Andrea D. Ayres
Thomas O. Ayres
Jason T. Baker

Chad L. Beiler

Dana M. Benassi

Jerod J. Bergman
Cale A. Berry
Michelle K. Beyer
Shaun M. Bezak
Shane P. Bradley
Tiffany J. Bruhn
Trimester Seven

Michael L. Mancini
Heath L. Marsh
Janell L. Matz

Eric J. Mayfield
Nicholas A. Mellum
Scott J. Mullenmeister

William J. Nelson
Angela K. Ness
Huy N. Nguyen
Casey L. Paulson
Christopher J. Pierson
John R. Pietila

Shawn P. Preisler
Hector Renero-Valencia
Travis J. Roedocker
Michael V. Sabaz
Keith H. Schaller
Laura L. Schwartz

Jennifer E. Seidl
Sean M. Shapiro

Cynthia L. Shepard
Alexander W. Sheppard
Trimester Seven

Jeffrey L. Shetler
Benjamin A. Simonson
Bethany S. Sleight
Marsha Smirnov
Casey C. Smith
Sarah M. Sterzinger
Carol J. Stoutland
Eric L. Tessmer
Laura M. Thompson
Jacob A. Thone
Chelsea D. Toothe
Brandon M. Traudt
Jennifer A. Williams
Grant R. Winter
Jared A. Winters
Trimester Nine

Julie A. Klejeski
Jenna M. Ko
Travis J. Kramer
Zachary G. Larson
Jason L. Laub
Aimee L. LeClair
Tou X. Lee
Melonie S. Levernier
Gerald G. Lopez
Sarah E. Macchi
Nancy A. Marihart
James R. McCowan
Scott A. Mooring
Todd P. Mortensen
Donell S. Nissen
Frank T. O'Neill
Jennifer A. Pearson
Sarah M. Peters
John R. Petersen
Steve D. Poser
Rodney D. Puumala
Dustin D. Riddle
Jason C. Rudelich
Christy Marie Russell
Joshua A. Rutzick
Jason W. Sabo
Scott D. Salita
William B. Severson
Jessica M. Smith
Channara C. So
Heather L. Thom
Jay J. Uecker
Michael T. Weide
Jamie H. Whitmer
Tonnie J. Wulff
David B. Yaeger
Spring Graduates
April 2001

Mark Anthony Anderson  Mark J. Anderson  Steven Mark Beilby  Benjamin Dale Blowers  Gunilla-Ann Borstad  Danielle Marie Buske

Jeffrey A. Ceresoli  Sarah Sue Chaffee  Jessica M. Christopherson  Tim Arthur Clanton  Carrie Lynn Collyard  John Paul Corsi

Sarah Patrice Dingman  Matthew R. Foell  Robert Todd Froh  Jason Corey Gilmore  Ryan James Granroth  Jason James Grundhauser

ReneeAnn C. Starman Haberl.  Sirak Hailu  Dane Donald Heinze  Evron Christian Helland  Connie J. Helminger  Orvil W. Holz
Spring Graduates
April 2001

Bryan David Hutchison  Stacy A. Kaczmarek  Amanda L. Keller  Scott Christopher Koltes  Richelle Marie Krueger  Andrew James L'Allier

Chad R. Laux  Jer Lee  Patrick C. Levesque  Nicole Ann Lingen  Matthew August Maki  Stephen L. McCombs

Grant Louis Modory  Scott Cameron Morrison  Doi Phan Nguyen  Trapper Olin Niccum  James Kent Nord  Ryan Ward Norling

Brendon John O'Brien  Moses Osazuwa Oghemudia  Danielle Leigh Orlando  William Matthew Ormiston  Judith Esther Parpan  Jennifer Elyse Pedersen
Spring Graduates
April 2001

Carron Lynn Perry
Daniel Scott Peterson
Patrick Ploenzke
Lori L. Pottebaum
Brent James Charles Robinson
Tara Lyn Roman
Timothy Parker Ryan
Bonnie J. Schneider
Sibylle Schöni
Lisha Lynne Schultz
Jonathan Christopher Simpson
Jeffrey James Smidt
Rachel Anne Studick
Jason C. Steinle
Kimberly L. Stratton
Ron D. Weihs
Jeffrey Allen Wock

Not pictured
Andrew Gary Bakken
Jeffrey Tucker Berard
Devin Kenneth Carlson
Patricia M. Davis
John Louis Jesme
Martin James Joepeck
Christopher S. Lilja
Gregory Todd Lynas
Murray Allan Russell
Jeffrey Alan Schels
Nicole L. Warren
2001 Graduations
Summer Graduates
July 2001

Rebecca Leigh Adamek
Maneesh Bhagat
Jeanne Christine Bonk
Derek J. Boyce
Nathan M. Burdash
Jeremiah Luke Bursch

Benjamin J. Carlson
Ryan James Davis
David Anthony Foster
Domenic Gagliardi
Gregory Paul Goihl
Trent A. Habstritt

John Scott Harrison
Scott James Hartung
Chad Matthew Hoffman
Jeffrey K. Klein
Kyle Timothy Kollbaum
Jenipher Lee LaCrosse

Ryan Phillip Laqua
Claudia Machiella
John Robert Mack
Rachael McCoy
Casandra J. McFarland
Angela April Meyer
Summer Graduates
July 2001

Laura Lyn Papenfuss  Caedin Thelony Pettigrew  Johnny Huy Phan  Lezlie Maylene Golly Puetz  Heather Lenore Robertson  Richard W. Samoska

Jodi Lynn Sampson  Becky Ringstad Schaffer  Ryan Robert Sommers  Rae Lynn Sturzl  Sara Melin Swanson  Corey K. Touney

Ghazala P. Usman  Jason John Webb  Camille Marie Wood

Not pictured
Gerald Edward Driscoll
Brenda Karen Fortin
Brian J. Hall
Aaron Francis Kirking
Mark Low Ying
Dwayne Shaun Remenda

Graduates
Fall Graduates
November 2001

Matthew James Amman
Christopher Harlow Anderson
Jason W. Barnes
Janet L. Bernstrom
Bradley Richard Bosma
Kurt Brausen
Robert W. Bruley Jr.
James Ryan Ciavarella
Jaclyn M. Cost
Kelly J. Cripe
Jeffrey B. Davis
Daron Kenneth De Jong
Megan Joy Dennis
Joseph Michael Dik
Heather J. Einck
Serena C. Elhard
Steven Nicholas Fidely
Christopher Pega Fokumiah
Mark A. Garnett
Daniel R. Gaustad
Christopher Lee Gilge
Richard Tad Guild
Jill Rebekah Hammes
Erik Han-Lindemeyer
Fall Graduates
November 2001

Fall Graduates
November 2001

John H. Pederson
Chad Peters
Minh Trang T. Pham
John W. Prunty
Valerie M. Reder
Cory David Rezac

Todd A. Salwey
Joshua James Sandell
Mark David Schilleman
Corey James Schneider
Aileen Petronella Scholten
Gail Lynn Shriner

Brian Thomas Sontag
Laura K. Steenhard
Rebecca A. Studelska
Amanda J. Timmel
Allen Duy Tran
Nikki L. Viersen

Joshua Taij Watkins
Tara Selene Watson
Ted Martin Wedul
Jennifer Ann Wehner
Todd Lon Weiland
Ryan Michael Wigness
Fall Graduates
November 2001

Jill Klawiter Williamson
Lawrence Henry Wock
M. Josée Yamsuan

Not pictured
Christopher Carl Braun
Laura Elizabeth Frerich
Amy Joy Harbaugh
Jamie L. Hollis-Heiman
Jamie Lynne Kahon
Kevin Matthew Kerchansky
Kevin Geoffrey King
Robert W. Kipp Jr.
Jason A. Lang
Gregory John Mongeon
Heidi Lynn Sawdey
Peter C. Sulack
Elizabeth Prudence Them

Graduates
Spring Fling
Summer Jam '01
Student Appreciation Day
Halloween
2001 Yearbook Editors
Melissa Kowall
and Jared Winters
The Northwestern College of Chiropractic Alumni Association is an important part of the life of the College. We are in a unique position to provide advice and counsel to strengthen Northwestern's mission of excellence in education, research and service. Through the association, alumni are encouraged to support Northwestern and join in building a greater College for its student body.

The Northwestern Alumni Association provides the College with:

- Funding of major building renovations, including the J. Lamoine De Rusha Clinical Education Center, the Greenawalt Library, and the auditorium.
- Support of the Career Services Center.
- Student Emergency Loan Program.
- Student scholarships.
- And of course, the annual Spaghetti Feed, hosted each December by the Alumni Association for students.

We plan to continue providing service to the College and its students and we hope you will join us upon graduation and become a member of the Alumni Association. No matter where your career in chiropractic takes you through the years, you will always be a part of the Northwestern family.

For more information, contact Debbie Peterson, director of Alumni and Career Services, at ext. 412. Or stop by Room 11 on the lower level.
As nutritional science advances, so does Multigenics™

In an age when scientific advances seem to outstrip our ability to keep pace, there is Multigenics™. This updated multiple is based on the latest nutritional science.

Here are just some of its cutting edge advantages:

• Caro-xan™ - our proprietary blend of beta carotene and Betatene® mixed carotenoids for more balanced and complete carotenoid nutrition.
• Enhanced antioxidant profile for better protection.
• Improved mineral balance and state-of-the-art chelate technology for excellent absorption.
• Enhanced B vitamin balance and quantities.

We’ve also expanded the lineup. Still available, but in the new formulation, are:

• Multigenics™
• Multigenics™ Intensive Care Formula
• Multigenics™ Chewable
• Multigenics™ Powder
• Multigenics™ Prenatal

New to the lineup is:

• Multigenics™ Maintenance Formula for those who prefer more conservative nutrient quantities and an attractive price.
• Multigenics™ Without Beta Carotene for those who do not want to supplement their diet with Beta Carotene.

Many of your patients already take a multiple. Shouldn’t they be getting a multiple that you provide and recommend with confidence? Multigenics™.

NUTRITION DYNAMICS
“Optimum Health Through Nutrition” since 1973
www.nutritiondynamicsonline.com

It Takes More Than A Good Diet To Achieve Good Health

An alarming trend has developed in the last two decades: people may not be adequately nourished by the typical American diet. After analyzing over 15,000 people, a University of Alabama, Birmingham study found that “84% of the subjects tested were consuming suboptimal diets with regard to one or more of the 17 nutrients evaluated.” As a healthcare professional, you will want to help your patients achieve optimum health through nutrition.

NUTRITION DYNAMICS distributes the finest food supplements in the industry, featuring all Metagenics products including the Multigenics products mentioned above. We also feature our own unique formulas under the Nutrition Dynamics label. In addition, we offer products from 23 other high quality manufacturers such as Progressive Labs, DNA Labs, and UAS Labs. We are here to help you implement nutritional strategies by offering:

1. Continuous and timely support in implementing nutritional protocols for your patients.
2. Medically accurate literature designed to help you educate your patients.
3. Scientific documentation and third-party assays to assure product quality.
4. Educational workshops featuring experts in the field of clinical nutrition.
5. Sales representatives with over 25 years of experience in biochemistry and clinical application.
6. Frequent Flyer Miles for supplement purchases.

For more information call Greg Peterson or Carl Neubauer at (800)444-9998