Northwestern College of Chiropractic Two Thousand
Northwestern College of Chiropractic serves to educate and motivate individuals devoted to the healing arts and this year NWCC became the foundation of Northwestern Health Sciences University. Not only does Northwestern provide education in the chiropractic profession, the university provides a broad scope of healing arts education in massage, acupuncture, and herbal studies. This innovative approach will help to provide options to patients seeking conservative care. NWCC imparts upon its students the ability to enrich the mind, body, and spirit of each patient on the path to better health.
Northwestern, A Chiropractic Pioneer, Begins 60th Year
By Dr. John F. Allenburg, President

Most of us page thru yearbooks when we receive them and then only pick them up again years later when we reminisce about earlier times. This letter is for the later years when after a few decades of chiropractic practice, you are reflecting, I hope with the good memories, about your 10 trimesters at Northwestern where you learned to be competent, serving, compassionate, and successful Doctors of Chiropractic.

You attended Northwestern during 1999-2000 when the century turned and when:

- Northwestern began its 60th year of advancing the chiropractic profession and chiropractic science through leadership in academic and clinical education. Few students realize how much of a pioneer Northwestern has been – not just today, but throughout its history.
- Your Northwestern College of Chiropractic became the foundation and pinnacle of Northwestern Health Sciences University, an institution destined to become a leading national institution for education, research and care in the field of natural health. Other chiropractic colleges soon announced that they were following Northwestern’s lead, just as they had proceeded to implement the preceptorship and community-based internship programs that were conceived at Northwestern.
- The Minnesota Institute for Acupuncture and Herbal Studies merged into Northwestern to become the College of Oriental Medicine.
- The Northwestern School of Massage Therapy enrolled its first class of students who in 2 years will graduate as the best trained massage practitioners to enter their field.
- Northwestern introduced the first dual track Doctor of Chiropractic and Master of Science degree curriculum in Integrated Health and Wellness to provide students with the option to become the total natural care provider.
- In March 2000, Northwestern students attained possibly the highest test scores ever on the National Board examinations, earning above-average scores in all 13 test categories and without a single failing grade among the 129 NWCC students who took pathology and microbiology.
- In order to position itself to prepare students for the integrated practices that will become commonplace, Northwestern established the Natural Care Center within the Woodwinds Health Campus, Minnesota’s newest and state-of-the-art hospital-medical office building complex. For young men and women who desire interdisciplinary practice for their chiropractic careers, no chiropractic college is more able to train graduates than Northwestern.
- Your College President gave up his position while in his 50th year as a Doctor of Chiropractic and 30th as a grateful member of Northwestern’s faculty and administration. He deeply felt that no career could have been more satisfying than one that included daily caring for patients through most of the years, coupled with the privilege of knowing a few thousand students who chose careers in chiropractic, attended Northwestern and, thereafter, became friends and colleagues. Having had some part in the lives of so many chiropractic students was his highest honor.
Dr. John Allenburg began his chiropractic career over 50 years ago when he earned his Doctor of Chiropractic degree. Dr. Allenburg joined the NHEC faculty in 1961 and has worked within the school for over 30 years. Good luck with your future endeavors Dr. Allenburg. You will be missed.
NIVCC

GRADUATES

2000
SPRING GRADS

Troy Bjorklund  Benjamin Breidenbach  Sharon Carruthers  Byung Cha  Carrie Clark  Suzanne Collins

John Daniels  Nathan DeLorey  Nicholas Devich  Linda Dobberstein  James Dobson  Zsolt Egey-Samu

Anthony Fast  Kristopher Gage  Angela Gear  Carrie Getzmier  Tory Greenquist  Daniel Hagen

Marc Hope  Kory Isley  Nathan Jackson  Christopher Jo  Randall Kein  Kyle Kelbert
S P R I N G  G R A D S

Mee Kyung Kim
James Kreibich
Dana Landin
Amy Lee
Maudie Louisiana
Stacie Macari
Ruben Manz
Jason McKittrick
Brian Michaelis
Margaret Mitchell
Michael Mortenson
Yer Moua-Lor
APRIL GRADS

Michael Novak  Chad Peckels  Paul Puetz  Jason Pulczinski  Ian Quist  Sara Rubert

John Schneider  Michael Schweitzer  Peter Scornaikerki  Brian Senoraske  Gebhard Sproll  Jason Stadther

Mark Suter  Tchuneng Vu  Heather Whitney  Shane Williams-Frey  Kao Xiong

Graduates Not Pictured:
Ricky Curtis  Michael Nelson  Einar Nielsen
SUMMER GRADS

Paul Abosh  Carson Benjamin  Laura Boyle  Robert Brown  Craig Couillard  Sharena Deonarain

Wade Dixon  David Dow  Jamison Englund  Michael Fagan  Alan Frankel  Cory Gosso

Chau Hai  Kara Henning  Steven Huberty  Kerry Iselin  Richard Jensen  Erik Johnson

Michael Johnson  Jon Junkermeier  Phillip Kamps  Patrick Kolashinski  Richard Lorenat  Engelbert Miranda
AUTUMN GRADS

Jon Haefner  Steven Hanson  Patrick Harrington  John Hassam  Randall Hedlund  Jason Hoff
Ryan Hokanson  Chanelle Holliday  Salima Ismail  Kenn Iverson  Chad Johnson  Derrek Johnson
Joel Johnston  Robert Joyce  Thuy Katzenberger  Tracy Kay  Bryon Keil  Brian Kovara
Christopher Limbach  Troy Liming  Julie Lundack  Anthony Macioce  Michele Maiers  Todd Marlett
AUTUMN GRADS

Michael Martin  Christina Mickelson  Lynn Miller  Heidi Moberg  Jonathan Mulholland  Kelly Nesvold
Sean Neubauer  Katherine Nevin  Marcus Nynas  Rick Odland  Michael Oste  Sheldon Osvold
Joeleen Ottun  Kevin Paape  David Portmann  Hillary Pulse  Jeremy Rebrovich  Andrew Reidy
Aaron Rogalski  Laura Rosenberg  Paul Rubert  James Rubin  Allen Rudolph  Gregory Rummel
AUTUMN GRADS

Troy Sailer  Jeanne Sapienza  Christopher Schaufler  Jonathan Schneider  Steven Schramm  Andrew Schueler

Tricia Schwartz  Martin Sich  Kanyon Smith  Tracy Smith  Anthony Sramek  Jeremiah Staples

Janell Stier  Edward Szklarczuk  Theodore Szymanski

Daniel Talley  Brent Thompson  John Toth
Autumn Grads

Daniel Upton  Brent Van Den Bussche  Kou Yang  Heather Vinje  Sandra Whalen  Amy Wiese

Jessica Wilie  Susanne Williams-Frey  Warren Zook

Graduates Not Pictured: Harvinder Bhella, Julie Foote, Maren Gabrielson, Shamanie Haneca, Cory Hoyer, William Jensen, Bradley Kappel, Benton McConce, Brian Paulson, Carl Pearson, Kevin Ritzenthaler, Brent Schneideman, Brandon Sechrist, David Smith, Amy Videen, Kevin Wilmot
Heather Pritchard
Melanie Puetz
Mitch Reynolds
Emily Robinson
Aaron Rude
Adam Sagedahl

Bart Samuelson
Andrea Schaaf
Jonas Schaner
Justin Scharer
Jennifer Schaufler
Jeremy Schembri

Wade Scheurenbrand
Brian Schmitz

Ryan Schoeb
Debra Schoepp

Karrie Schommer
Mark Schulz
Meagan Schumacher
Roger Schutt
Patricia Skoviak
Valerie Skow

Kurt Solari
Jeffrey Soltis
Donna Sousa
Bobbi Steinhafel
Meaganne Stifter
Benjamin Stukel
Scott Allan
Andrew Altman
Jonathan Beck
Hal Brown
Christopher Bryan
Kari Christofferson

Shane Colberg
Galen Collins
David Cord
Cynthia Davis
Robert DeYoung
Morgan Dorsett

Molly Etnier
Rory Faherty
Jason Fenske
Joel Fenske
Kent Ferguson
Stephen Flikke

Wade Folske
Tracie Fowler
Matthew Gallagher
Nicole Grundman
Amy Gunderson
Gary Hahn Jr

Michael Hallingstad
Brian Harrison

Gretchen Hess
Morgan Higginbotham
Kati Havel
Sarah Heimdal
Brian Hieland
Joelle Herman
Jay Hildenbrand

Jacob Holkup
Julie Hovel
Andrew Janzen
Eric Jensen
Deborah Jerikovsky
Kaija Johnson

Aaron Jones

Chad Kahl

Kari Kantack
Alan Keithley
Christopher Kelsch
Daniel Keifat
Sara Klein
Shawn Kline

Richard Knight
Melissa Kowall
Kelly Krol
Thomas Kreuger
Susan Kutter
Jeremy Lachinski
Jennifer Seidl
Sean Shapiro
Alexander Sheppard
Jeffrey Shelter
Benjamin Simonson
Bethany Sleight

Marsha Smirnov
Casey Smith
Sarah Sterzinger
Eric Tessmer
Laura Thompson
Jacob Thone

Chelsea Toothe
Brandon Traudt
Christopher Wilkening
Grant Winter
Jared Winters
Kossan Laurie
Robert LaBelle

Daniel Levernier
Chad Lieser

Jason Louie
Deborah McClure
Pierre Morice
Mark Obrecht
Bryan Okland
Jennifer Pedley

Kevin Petersen
Carrie Richter
David Roth
Scott Schuler
Cynthia Shepard
Michael Sontheimer

Carol Stoutland
Michael Sulack
Daniel Tarnowski
Troy Tvedt

Mitchell Uecker
Blong Vang
Danny Yang
Neil Zimmer
Julie Klejeski
Jenna Ko
Travis Kramer
Jamie Kraser
Nicole Lantz
Zachary Larson

Jason Laub
Aimee LeClaire

Tou Lee
Gerald Lopez

Sarah Macchi
Nancy Marthart
James McCowan
Scott Mooring
Todd Mortensen
Lee Moua

Donell Nissen
Frank O'Neill

Melonie Oehlerking
Jennifer Person
Sirak Abebe
Mark A. Anderson
Mark J. Anderson
Andrew Bakken
Steven Beilby
Jeffrey Berard

Benjamin Blowers
Gunilla Borstad
Danielle Buske
Devin Carlson
Jeffery Ceresoli
Sarah Chaffee

Jessica Christopherson
Tim Clanton
Carrie Collyard
John Corsi
Patricia Davis
Sarah Dingman

Matthew Foell
Robert Froh
Jason Gilmore
Ryan Granroth
Jason Grundhauser
Dane Heinze

Evron Helland

Connie Helminger
Dr. Paul Osterhauer
Dr. Paul Osten-Wo-Lee
Rebecca Peterson
Dr. Joel Pinsky
Dr. Przeslawski
Dr. Jeff Rich

Dr. Roy Snowden
Kathleen Sroga
Dr. Joseph Sweere
Brian Turner
Dr. Ozville Weisshaar
Dr. Jonathon Williams

Dr. Kurt Wood
Dr. Zachary Zachman
Dr. Donald Eggbercht
Karan Hillberg

PROFS Not Pictured:
Dr. David Arnold &
Dr. Stacey Thornhill

Student Health Service

Dr. Ann Ivey
Carolyn Peiffy
Dr. Noni Thoren

Not Pictured:
Dr. Susan Schoeneider

AV

ACADEMIC AFFAIRS

CLINICAL ED

ACCOUNTING/ADMIN

MCCOUNIING/ADMIN

METRO FOODS

ALUMNI/CAREER DEVEL

59
ADMISSIONS

HUMAN RESOURCES

PRESIDENT'S OFFICE

CONTINUING EDUCATION

INFORMATION TECHNOLOGY

COMMUNICATIONS

LIBRARY

BOOKSTORE

STUDENT AFFAIRS

RESEARCH

PHYSICAL PLANT
NWCC Clinical Experience

NWHSU owns and operates 5 Health Care Facilities in locations throughout the Twin Cities. These clinics are open to the public and provide patient services by Doctors of Chiropractic, Accupunturists, Massage Therapists, and upper level NWCC interns. Not only do the clinics provide quality affordable care for the community at large, but they also provide a diverse and challenging experience for the intern. The school run clinics are located in Bloomington, Burnsville, Minneapolis, St. Paul & Woodbury. The university also places T8 and T9 interns in more than 100 private chiropractic clinics throughout the metro area. Through mentoring, instruction and treating patients, NWHSU interns gain the necessary experience and clinical expertise to become caring competent Doctors of Chiropractic.

Not Pictured:
- Dr. Sanja Mortenson, Dr. Rebecca Allen,
- Dr. Jeffrey Ewald, Dr. Kevin Kalb,
- Nancy Jusczak, Gwen Brown, Allison Penner-Rahn & Karl Hegg
Student Senate

Student Senate has a broad involvement in many activities on campus. The mission of the senate is to coordinate social, athletic, educational, cultural, and volunteer activities for the student body. This is accomplished through the work of the seven committees that comprise the student senate. We meet every Thursday at noon to discuss upcoming events, projects, and concerns that may surface during the term. The major events we sponsor include ChiroGames, school parties, fitness center, T10 party, mash notes, blooddrive, intramural sports, student lounge needs, Plexus, Yearbook, and budget dispersal to other clubs and organizations on campus. Highlights of the past year include Summer Jam, ChiroGames in New York, Clara DeRusha Memorial, Habitat for Humanity, and the can opener that finally stayed longer than a few weeks.
The Student American Black Chiropractic Association has 17 members and is still growing. Our small but powerful organization has done much for the community as well as the chiropractic profession. Activities include various food and clothing drives, black history programs, inviting elementary and high schools to visit and learn about chiropractic, and providing educational mentoring. We've invited guest speakers to remotivate students, teach them how to get started in practice, and how to find their niche in chiropractic. Some of our goals on a student level are to get more minorities in the profession, educating the community through outreach programs, and spreading the word that "Chiropractic Works."

Student Minnesota Chiropractic Association

The Student Minnesota Chiropractic Association, SMCA, is an organization at Northwestern which keeps a close eye on the future of our chiropractic profession. The primary way it functions is by allowing its members the chance to meet with, and help shape the views of, Minnesota Senators and members of the House of Representatives to discuss and lobby on current health care issues which pertain to chiropractic. The SMCA also joins SACA in an annual trip to Washington DC to attend the National Legislative Conference held in March. The SMCA meets Tuesday at 11:30 in room L3.
Ryan Wigness was elected to the National Legislative Chair.

We held weekly informational Brown Bag Seminars.

Student American Chiropractic Association

We raised funds by having a faculty & staff dunk tank at Summer Jam.

We sent the following students to Denver, CO for the National ACA Business Meeting:
Ryan Wigness
Jenipher LaCrosse
Heidi Erickson
Melissa Laidolt
& Phil Rand

We brought in speakers Dr. Michael Flynn DC ACA
and Dr. Charles Ward DC.

We sent 30 students to the National Chiropractic Legislative Convention in Washington, DC to lobby on Capitol Hill. There we donated $1,000 to the HCFA lawsuit and $250 to ACA Legislative campaigns.

We sent Pat Levesque & Warren Zook to an elementary school to talk about chiropractic.
A Toast...
To cheap wine,
cheap cheese,
good parties,
easy Canadian
boards & of
course...
the queen.
Motion Palpation Club

Motion Palpation Club has been fortunate to host many great seminars this past year. Dr Keith Innes taught us how the subtalar joint can create paradoxical motion of the atlanto-occipital joint. Dr Joel Pius reminded us how eicosanoid production can predispose us to a pro-inflammatory state. Dr Bergmann, Dr Klein, and Dr Terry Elder presented the most current information about biomechanics of the pelvis, and how we can use this to our advantage when treating patients.

As MPI reps, we have been doing our best to present the wealth of knowledge we have been exposed to by the Motion Palpation Institute. Our club here at Northwestern continues to be one of the top Motion Palpation Clubs. This is thanks to all the people who come to club and are willing to sacrifice their time to become better doctors. Special thanks to Dr Bergmann, Dr Thornhill, and Dr Eric Eiselt for their continued support.

The Plexus

The Northwestern College of Chiropractic newspaper, The Plexus, is printed once each trimester. The Plexus is a compilation of student articles and editorials submitted by students, faculty, and staff at Northwestern. The Plexus is open to anyone who would like to provide an article. This is the last semester the Plexus will be edited by Jessica Christopherson and Jennifer Pedersen, '99's. The 2001 Plexus will be published under new leadership.
Flexion Distraction Club

The purpose of the Flexion Distraction Club is to give future chiropractors a variety of alternative treatment methods including, but not limited to, distraction techniques, motion assisted adjusting techniques, drop piece adjusting, and activator protocol.

NWCC Sports Council

Sports Council is concerned with educating fellow students on how to address various conditions athletes present with, both on and off the field, and the appropriate rehabilitation for each injury. This is accomplished by weekly meetings, seminars, and working at local sporting events. We also strive to educate the public about chiropractic and sports by volunteering at various sporting events, from football to Tae Kwon Do. Our officers are Mike Dody—pres, Chris Anderson—vp, Jennifer Pedly—vp, Brent Kvam—sec, and Jamie Kraser—tres.

Philosophy Club
Shamanie Haneca (T8), Aaron Rogalski (T8), and Heather Patallas (T6) along with alumnus Denis Thompson, DC, left Minneapolis in March of 2000 to travel to the ghettos of Kingston Jamaica. Their mission was to bring chiropractic to a group of children & adults in a community where healthcare was scarce. They served in four orphanages set up by Mustard Seed Communities, an organization that cares for abandoned and disabled children. The orphanages care for over 300 children in four different areas of Kingston. The people of Mustard Seed as well as the people of Kingston gave the group a warm welcome and were both curious and accepting of chiropractic. The students exceeded their goals of serving the community with chiropractic care as well as any service that was required; these volunteers returned home with a new appreciation of the human spirit, the qualities of good doctors, and a renewed excitement for chiropractic.
LEADERSHIP DINNER

Dr. Jeff Rich
Teacher of the Year 2000
STUDENT APPRECIATION DAY
Even though the events were rained out, our teams still managed to have fun!
After spending 5 days in 90 degree weather, working under a tent for 16 hours a day, one might think that you would be too tired to care. That is not what occurred with the chiropractic crew on this year's AIDS Ride. NWCC's crew consisted of 9 students, 3 DC's, and an acupuncturist. The crew treated 150-200 of the 3000 riders on route to Chicago from the Twin Cities each day. Riders were treated from head to toe, with conditions like muscle pulls, dehydration, and cold exposure.

The AIDS Ride philosophy is a world full of kindness, performing random acts of kindness each day, and treating strangers as if they were your friends. It is a simple concept that goes a long way in making the AIDS Ride a success.
Ernie can kick.

Bert can hit.
Well here it is, the 2000 IHCC Yearbook. After millions of hours of blood, sweat and tears (okay a little exaggeration but not much) we have 100 amazing pages. Special thanks to Dr. Larry Kuusisto, Don Yearhot, Terry Hart, John Healy and the Big Bowl restaurant. Good luck to Melissa Kowall and all future yearbook editors (you’ll need it).

Cheers,

Caedin & Danielle
The Northwestern College of Chiropractic Alumni Association is an important part of the life of the College. We are in a unique position to provide advice and counsel to strengthen Northwestern's mission of excellence in education, research and service. Through the association, alumni are encouraged to support Northwestern and join in building a greater College for its student body.

The Northwestern Alumni Association provides the College with:
• Funding of major building renovations, including the J. Lamoine De Rusha Clinical Education Center, the Greenawalt Library, and the auditorium.
• Support of the Career Services Center.
• Student Emergency Loan Program.
• Student scholarships.
• And of course, the annual Spaghetti Feed, hosted each December by the Alumni Association for students.

We plan to continue providing service to the College and its students and we hope you will join us upon graduation and become a member of the Alumni Association. No matter where your career in chiropractic takes you through the years, you will always be a part of the Northwestern family.

For more information, contact Debbie Peterson, director of Alumni and Career Services, at ext. 412. Or stop by Room 11 on the lower level.
If your patients suffer from low back pain,

aching knees,

and sore feet,

we want to be in their shoes.

Why? Because many times the source of the pain is actually your patients’ feet. But thankfully, that’s where Foot Levelers custom orthotics can help. Orthotics work with your adjustments by supporting the feet, which in turn support the rest of the body. And that goes a long way in correcting imbalance and misalignment. So recommend Foot Levelers orthotics for your patients’ feet. And they’ll feel better from head to toe.

Made for the feet. Designed for the body.

Call for more information: 1-800-553-4860 (U.S.) 540-345-0008 • From Canada: 1-800-344-4860
Fax: 540-345-0202 • E-mail: service@footlevels.com • www.footlevels.com
It Takes More Than A Good Diet To Achieve Good Health

An alarming trend has developed in the last two decades; people may not be adequately nourished by the average American diet. After analyzing over 15,000 people, one study reported that “84% of the subjects were consuming suboptimal diets with regard to one or more of the 17 nutrients evaluated.” As a healthcare professional, you’ll want to help your patients supplement their diets.

**Nutrition Dynamics** distributes the finest food supplements available, such as Metagenics, Progressive Labs, DNA Labs, Nutri-Dyn, and our own Nutrition Dynamics Label. And we’re here to help you implement nutritional strategies by offering:

- Minimum cost workshops featuring experts in the field of nutrition.
- Professional literature designed to help you educate your patients.
- Scientific documentation and in-house assays to assure product quality.

- Expert sales representatives with over 25 years of experience in the nutritional field.
- Continuous support in implementing nutritional protocols for your patients.
- Frequent Flyer miles for nutrition purchases.

For more information call Greg Peterson or Carl Neubauer
(763) 479-3444 • (800) 444-9998

**Nutrition Dynamics**
Optimum Health Through Nutrition

---

**Practice Brokers, Inc.**

**Our Services Include:**

- **Sale of Practice**
  - Locate qualified buyer
  - Complete evaluation
  - Legal services

- **Purchase of Practice**
  - Coordinate financial transaction
  - Develop comprehensive transition plan
  - Assist with determining purchase price

- **Practice Evaluations**
  - Sale/Purchase
  - Estate planning
  - Partnership
  - Insurance

- **Financing**
  - Cashflow analysis
  - Financing options
  - Preparation & presentation to lenders
  - Manage entire financing process

**Jerry Peterson**
14902 Minnetonka Industrial Road
Minnetonka, Minnesota 55345
www.practicebrokersinc.com

**Kathleen Gergen-Mandel**
1-888-878-0027